

January 2019 St. Mary M/H Breakfast Menu



	Mon	Tue	Wed	Thu	Fri	S
	Daily Choices Tornados Poptarts Cereal Muffins	1	2	3 Cinnamon Toast Mini Cinni Tater Gems Broccoli/Carrots/Salsa/ Peaches/ Applesauce Milk / Juice	4 Egg Wrap with Salsa/Tater Gems Carrots/Celery Pears or Peaches Milk / Juice	5
6	7 Bacon & Egg Breakfast Pizza Tater Gems Salsa Carrots/Broccoli Applesauce or M Oranges	8 Sausage, Egg & Cheese Tornado Tater Gems Carrots/Salsa/Celery Pineapple or Applesauce	9 French Toast/ Mini Cinni Tater Gems Carrots/Broccoli Salsa Peaches or Pears	10 Sausage Biscuit Tater Gems Carrots/Salsa/Celery Pineapple or Peaches Milk/ Juice	11 Extravaganza & Toast Tater Gems Salsa/Carrots Broccoli Pears or Banana	1 2
13	14 Sausage Biscuit/ Cinnamon Roll Tater Gems Broccoli/Carrots/ Salsa Applesauce/Pears Milk / Juice	15 Mini Cinni/Cinn Toast M Oranges or Peaches Tater Gems Carrots/Celery/Salsa Milk / Juice	16 French Toast Peaches or Pineapple Tater Gems Carrots/Broccoli Salsa Milk / Juice	17 Chicken Biscuit Pears or Pineapple Tater Gems Carrots/Celery Salsa Milk / Juice	18 Egg Wraps/Mini Cinni Tater Gems Carrots/Broccoli Salsa/M Oranges Applesauce Milk / Juice	1 9
20	21 NO SCHOOL	22 Cinnamon Toast Mini Cinni Tater Gems Broccoli/Carrots/ Salsa/Peaches/ Ap- plesauce Milk / Juice	23 Egg Wrap with Salsa/Tater Gems Cinnamon Roll Carrots/Celery Pears or Peaches Milk / Juice	24 Cinnamon Toast/ Mini Cinni Applesauce or Pineapple Milk /Juice	25 Pancake on a Stick Peaches or Apple Carrots or Celery Milk / Juice	2 6
27	28 Bacon & Egg Breakfast Pizza Tater Gems Salsa Carrots/Broccoli Applesauce or M Oranges Milk / Juice	29 Sausage, Egg & Cheese Tornado Tater Gems Carrots/Salsa/Celery Pineapple or Applesauce Milk / Juice	30 French Toast/ Mini Cinni Tater Gems Carrots/Broccoli Salsa Peaches or Pears Milk /Juice	31 Sausage Biscuit Tater Gems Carrots/Salsa/Celery Pineapple or Peaches Milk/ Juice		