


March 2019 St. Mary M/H Breakfast Menu



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Su	Mon	Tue	Wed	Thu	Fri	Sa
	Daily Choices Tornados Poptarts Cereal/Toast Muffins				1 Chicken Biscuit Pears or Pineapple Tater Gems Carrots/Celery Salsa Milk / Juice	2
3	4 Bacon & Egg Breakfast Pizza Tater Gems Salsa Carrots/Broccoli Applesauce or M Oranges Milk / Juice	5 Sausage, Egg & Cheese Tornado Tater Gems Carrots/Salsa/Celery Pineapple or Applesauce Milk / Juice	6 French Toast/ Mini Cinni Tater Gems Carrots/Broccoli Salsa Peaches or Pears Milk / Juice	7 Sausage Biscuit Tater Gems Carrots/Salsa/Celery Pineapple or Peaches Milk/ Juice	8 Eggs & Toast Tater Gems Salsa/Carrots Broccoli Pears or Banana Milk / Juice	9
10	11 NO SCHOOL	12 Sausage Biscuit/ Tater Gems Broccoli/Carrots/Salsa Applesauce/Pears Milk / Juice	13 Mini Cinni/Cinn Roll M Oranges or Peaches Tater Gems Carrots/Celery/Salsa Milk / Juice	14 French Toast Peaches or Pineapple Tater Gems Carrots/Broccoli Salsa Milk / Juice	15 Egg Cheese Biscuit Pears or Pineapple Tater Gems Carrots/Celery Salsa	16
17	18 Egg & Sausage Biscuit/Tater Gems Mini Cinni Broccoli/Carrots/ Salsa M Oranges / Pineapple	19 Cinnamon Toast Mini Cinni Tater Gems Broccoli/Carrots/Salsa/ Peaches/ Applesauce Milk / Juice	20 Chicken Biscuit Pears or Pineapple Tater Gems Carrots/Celery Salsa Milk / Juice	21 Pancake on a Stick Tater Gems Peaches or Apple Carrots or Celery Milk / Juice	22 Cinnamon Roll or Mini Cinni Carrots/Celery Salsa Milk / Juice	23
24	25 Bacon & Egg Breakfast Pizza Tater Gems Salsa Carrots/Broccoli Applesauce or M Oranges Milk / Juice	26 Sausage, Egg & Cheese Tornado Tater Gems Carrots/Salsa/Celery Pineapple or Applesauce Milk / Juice	27 French Toast/ Mini Cinni Tater Gems Carrots/Broccoli Salsa Peaches or Pears Milk / Juice	28 Sausage Biscuit Tater Gems Carrots/Salsa/Celery Pineapple or Peaches Milk/ Juice	29 Eggs & Toast Tater Gems Salsa/Carrots Broccoli Pears or Banana Milk / Juice	30
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