



November 2018 St. Mary Middle/High School Breakfast Menu



S	Mon	Tue	Wed	Thu	Fri	S
				1 Chicken Biscuit Cinnamon Roll Pears or Pineapple Tater Gems Carrots/Celery/Salsa Milk / Juice	2 Egg Wraps/Mini Cinni Tater Gems/Salsa Carrots/Broccoli M Oranges/ Applesauce Milk / Juice	3
4	5 Egg & Cheese Biscuit/Tater Gems Mini Cinni Broccoli/Carrots/Salsa M Oranges orPineapple Milk/ Juice	6 Cinnamon Toast Mini Cinni Tater Gems Broccoli/Carrots/Salsa/ Peaches/ Applesauce Milk / Juice	7 Egg Wrap with Salsa/Tater Gems Cinnamon Roll Carrots/Celery Pears or Peaches Milk / Juice	8 Cinnamon Roll/ Mini Cinni Applesauce or Pineapple Milk /Juice	9 Pancake on a Stick Peaches or Apple Carrots or Celery Milk / Juice	10
11	12 Bacon & Egg Breakfast Pizza Tater Gems Salsa Carrots/Broccoli Applesauce or M Oranges Milk / Juice	13 Sausage, Egg & Cheese Tornado Tater Gems Carrots/Salsa/Celery Pineapple or Applesauce Milk / Juice	14 French Toast/ Cinnamon Roll Tater Gems Carrots/Broccoli Salsa Peaches or Pears Milk /Juice	15 Sausage Biscuit Tater Gems Carrots/Salsa/Celery Pineapple or Peaches Milk/ Juice	16 Extravaganza & Toast Tater Gems Salsa/Carrots Broccoli Pears or Banana Milk / Juice	17
18	19 Sausage Biscuit/ Cinnamon Roll Tater Gems Celery/Carrots/Salsa Applesauce/Pears Milk / Juice	20 Mini Cini/Cinn Rolls M Oranges or Peaches Tater Gems Carrots/Celery/Salsa Milk / Juice	21			24
25	26 Egg & Cheese Biscuit/Tater Gems Mini Cinni Broccoli/Carrots/Salsa M Oranges orPineapple Milk/ Juice	27 Cinnamon Toast Mini Cinni Tater Gems Broccoli/Carrots/Salsa/ Peaches/ Applesauce Milk / Juice	28 Egg Wrap with Salsa/Tater Gems Cinnamon Roll Carrots/Celery Pears or Peaches Milk / Juice	29 Cinnamon Roll/ Mini Cinni Applesauce or Pineapple Milk /Juice	30 Pancake on a Stick Peaches or Apple Carrots or Celery Milk / Juice	