




# November 2018 St. Mary Middle/High School Lunch Menu



| S  | Mon   | Tue   | Wed   | Thu   | Fri  | S  |
|----|---|---|---|---|--|----|
|    | Offered Daily<br><br>Pizza<br>PB&J<br>Chicken   | Served Daily<br><br>Milk or Juice   |   | 1 Cheese Pizza or Hot Dogs<br>Corn / Broccoli & Cheese Carrots<br>Choc or Vanilla Pudding<br>M Oranges or Pears<br>Holy Day | 2 Hot Ham & Cheese Baked Potato W/ Breadstick/Green Beans Mac & Cheese Romaine Salad Applesauce/Peaches Choc Chip Cookie   | 3  |
| 4  | 5 Chicken Patty or Chicken Sandwich Smiley Fries Baked Beans / Carrots/Pickle Spear M Oranges/ Pears        | 6 Spaghetti/W Meat Sauce/Breadstick Green Beans Romaine Salad Carrots M Oranges/ Pears                    | 7 Salisbury Steak/ W Gravy/WW Roll Mashed Potatoes Peas / Choc Chip Cookie Frz Strawberries Pineapple         | 8 Sausage/Scramble Egg Biscuit/Gravy Tater Gems/Carrots Baked Apples Pineapple  | 9 Pepperoni Pizza Corn Romaine Salad Choc Or Vanilla Pudding Applesauce / Pear   | 10 |
| 11 | 12 Chicken or Fish Mashed Potatoes Peas/ Bread Slice Applesauce Mixed Berries Choc / Van Pudding            | 13 Taco or Chicken Fajitas Rice /Pinto Beans R LTC/Shred Cheese Salsa / Pears Fresh Apples                | 14 Grilled Cheese or Hot Dog/Chili Crinkle Fries F Celery/F Carrots Frz Peaches Pineapple                     | 15 Thanksgiving Dinner Turkey & Dressing M Potatoes/Gravy Green Beans Rolls/Desserts Extra Trimmings                        | 16 Turkey/Chz or Ham/Chz Subs Salsa Sun Chips Carrots/Celery Mayo, Mustard, Tomato Pickles/ C Chip Cookies Peaches/Oranges | 17 |
| 18 | 19 Popcorn Chic or Chic Patty/Gravy Mashed Potatoes Green Beans/W Roll Strawberries Pineapple Milk or Juice | 20 Turkey/Chz Subs Or Fish Sticks /W Bread Slice Savory Fries Baked Beans Pineapple/ Peaches Choc Pudding | 21<br>                    | 22<br>                                 | 23<br>                                | 24 |
| 25 | 26 Cheeseburger , Hamburger or Crisпитos Potatoe Wedges Carrots/ Pickles Applesauce/M Berry                 | 27 Chicken Nugget Or Turkey& Gravy Biscuit Peas/Cooked Carrots Pineapple/ Applesauce                      | 28 Taco Bar Chicken or Beef Soft Shell/ Rice Ltc,Cheese, Tomato Pinto Beans F Broccoli/Carrots Banana/Peaches | 29 Hot Ham & Cheese Baked Potato W/ Breadstick/Green Beans Romaine Salad Applesauce/Peaches Choc Chip Cookie                | 30 Cheese Pizza or Mini Corn Dogs Corn Broccoli W/Cheese Carrots M Oranges/Pears Choc or Vanilla Pudding                   |    |