

September 2019 St. Mary M/H Lunch Menu

Welcome Grandparents



Su	Mon	Tue	Wed	Thu	Fri	Sa
1	2 LABOR DAY NO SCHOOL	3 Chicken Sandwich Smiley Fries Baked Beans/Pickle Spears Pineapple/M Oranges Milk/ Juice	4 Spaghetti/w Meat Sauce or Chicken Alfredo/Breadstick Green Beans Peaches/M Oranges Milk/Juice	5 Pepper Steak/w Gravy Mashed Potatoes/Peas Roll Frz Strawberry Pineapple/ Cookie Milk/ Juice	6 Pepperoni Pizza Corn/Rom Salad Pears/Applesauce Choc Pudding Milk/Juice	7
8	9 Chicken Wings or Fish Fillet Sandwich Fries / Coleslaw Applesauce/M Berries Choc Pudding Milk/Juice	10 Chicken, Cheese & Rice or Doritos Taco Pinto Beans, Carrots Toppings Pears/ Apple Milk/Juice	11 Grilled Cheese or Hot Dog/ Fries Celery/Rom Salad Frz Peaches Pineapple Milk/Juice	12 Chicken Parmesan/ W Breadstick/ Cheese Pizza/ Corn Celery/ Carrots Pineapple& Apple Milk & Juice	13 Sub Way Your Way Turkey/Chz or Ham/Chz/Toppings Chip Choice Rom Salad/ Cookie Frz Peaches/M Orange Milk/Juice	14
15	16 Pizza Casserole Or Meatball Subs Corn/Rom Salad Carrots Applesauce/M Orange Milk/Juice	17 Brunch Sausage, Eggs Biscuit/Gravy Hashbrowns/Tomatoes Baked Apples/Grapes Milk/ Juice	18 Turkey Subs or Fish Fillet Savory Fries Baked Beans Pineapple/Peaches Choc Pudding Milk/Juice	19 General Tso Beef/ Chicken or Orange Chicken/ Brown Rice Cooked Carrots M Oranges/Strawberry Cookie Milk/Juice	20 Breaded Chicken w/White Gravy Mashed Potatoes/Roll Green Beans/Carrots Pineapple Frz Strawberries Milk/Juice	21
22	23 Cheeseburger or Hamburger Baked Beans Potato Wedges Carrots/Pickles Applesauce/M Berries Milk/ Juice	24 Turkey & Gravy Peas/Cooked Carrots Biscuit/Rom Salad Pineapple/Applesauce Milk/Juice	25 Mini Corn Dogs Or Cheese Pizza Broccoli w/Cheese Corn/ Choc Pudding M Oranges/Pears Milk/ Juice	26 Taco Bar Chicken or Beef Soft Shell/Toppings Fiesta Rice/ Carrots Refried Beans Banana/Frz Peaches Milk/ Juice	27 Kentucky Hot Brown & M Potatoes Or Loaded Baked Potatoes/Green Beans Frz Peaches/ Cookie Applesauce Milk/Juice	28
29	30 Brunch Sausage, Egg Biscuit/Gravy Tater Tots/Carrots Tomato Slices Baked Apples Pineapple Milk/Juice		Offered Daily Chicken Pizza PBJ			